



UNITED WAY THUNDER BAY



United Way Thunder is a local organization with a mission to improve lives and build a community through collective action against poverty. Volunteers can take part in this mission by joining their Youths United group and raise funds as well as by joining their workshop on intergenerational volunteering on June 17 at 12:15-1:30 PM

Email: kpurdon@uwaytbay.ca Website: www.uwaytbay.ca Phone: 807-626-1861

CRANE CREATIONS THEATRE COMPANY

Crane Creations Theatre Co.

Crane Creations Theatre Company is an artist led, not-for-profit professional theatre start up. They are currently seeking data collection volunteers to assist with research and to help organize information.

Email: volunteer@cranecreations.ca Website: www.cranecreations.ca Phone: 905-916-3533

COMMUNITY ARTS & HERITAGE EDUCATION PROJECT

cahep

The Community Arts & Heritage Education Project is enriching lives through beautiful artwork and heritage education. They are seeking assistance with their online arts and heritage education programming. If you enjoy the arts and learning more about heritage, then this is a great opportunity for you.

Email: cahepdirector@gmail.com Website: www.cahep.ca Phone: 807-631-8785

YOUTH RISING ABOVE



Youth helping Youth. At Youth Rising Above, our motto is to inspire, empower and transform the next generation. With your help, we can fundraise to alleviate youth poverty or help spread awareness within your community. If you are interested and want to get creative with us, then please reach out!

Email: volunteer@youthrisingabove.org **Website:** www.youthrisingabove.org





DENSE BREASTS CANADA



Dense Breasts Canada is a non-profit organization that is spreading awareness on the importance of breast density notification and breast cancer screening. Volunteers can help with video and animation production, graphics, as well as administrative tasks.

Email: info@densebreastscanada.ca Website: www.densebreastscanada.ca/bean-advocate/

CANADIAN PARENTS FOR FRENCH



Canadian Parents for French are looking for volunteers to create resources for their Virtual French Tutoring Program. They are looking for volunteers who can create Google Slides & PowerPoint presentations that will be used for kids between the ages of 6 to 14 years. Volunteers will research and source credible Canadian resources to create an interactive virtual lesson for kids.

Email: volunteers@cpf.ca
Apply:

form.jotform.com/CPFNational/contentcreator

STUDENT CAREER HUB



Volunteer as an Ambassador to help get students started in looking at career pathways as early as possible so that they can make decisions about their future. This will be carried out by raising awareness about the Student Career Hub through social media.

Email: student.careerhubcontact@gmail.com Website: www.studentcareerhub.com Phone: 647-202-3876

CYBER SENIORS



Cyber Seniors is a non-profit organization that is looking to connect generations by seeking tech savvy volunteers who can teach seniors about tech during group webinars and provide one-on-one telephone tech support.

Email: info@cyberseniors.org **Apply:** www.cyberseniors.org/volunteer-withcyber-seniors/become-a-volunteer/ **Phone:** 1-844-217-3057





AM4 TEENS



If you want to be part of an initiative to solve global problems, then volunteer with Am4Teens. Volunteers can help by writing blog posts, design graphics, participate in coding, outreach, advocacy and many other fields, all of which will work towards social justice.

Email: eimaan@am4teens.org Apply: www.am4teens.org/get-involved

SHINING SPARKS



Shining Sparks encourages students to discover the fun of teaching and is the perfect opportunity to learn, connect, and grow. Become a volunteer tutor, assist with homework, and teach new concepts.

Email: shiningsparks.org@gmail.com **Apply:** www.shiningsparks.org/register **Phone:** 905-616-4394

THE VIEW FROM HERE



The View From Here is a youth-led initiative, established by two dedicated high school students, that serves to promote reading and global awareness for youth and provides writing opportunities about current events. We are looking for a diverse range of passionate volunteer reporters to help grow our vision.

Email: theviewfromhere.contact@gmail.com **Website:** www.viewfromhere.ca





SHEEN FOR SHE FOUNDATION



Sheen for She's goal is to raise awareness on gender inequality and poverty by offering free self-care resources to financially underprivileged women. Volunteers can be content creators, administrative assistants, program leaders and more!

Email: connect@sheenforshefoundation.com **Website:** www.sheenforshefoundation.com **Phone:** 437-997-4336

BRIDGING THE GENERATIONAL GAP



Bridging the Generational Gap

Brighten someone's day by joining Bridging The Generational Gap's card-making program. Volunteers will design and come up with creative and uplifting greeting cards that our team will distribute to seniors across Canada!

Email: cards.btgg@gmail.com **Website:** www.bridgingthegenerationalgap.com

LETTER WRITING



Write letters to community members who are not able to have visitors such as residents in retirement homes, patients in hospitals, etc. (e.g. Cyber-Seniors).

SOCIAL MEDIA



Support organizations by following them on social media (e.g. social media advocate for Children's Miracle Network) and/or ask if they need help with their social media (e.g. create graphics, videos, quotes).





REACH OUT TO A LOCAL CHARITY



Get creative! Reach out to individuals or groups providing charitable or general community benefit to see if you can help with phone calls, mailings, etc.

e.g. Contribute to youth programs such as Scouts, Guides, etc.

LEVERAGE YOUR INTERESTS



Students can leverage their interests and experience by helping with tutoring and mentoring for example.

SEWING HELPER



Make cloth masks for hospitals, long-term care homes, grocery stores, delivery services and other essential services (e.g. the Sewing for Change COVID-19 Initiative).

SHARE YOUR SKILLS



Contribute your skills and time online for various volunteer projects and roles available to support organizations and causes in local communities or across the globe (e.g. Zooniverse, video editing, digital archiving for a library or museum, etc.).





In-Person Volunteer Opportunities 2021

FRONTIER COLLEGE



Frontier College is a charitable literacy organization that believes literacy is a right. They provide inclusive programs and services to anyone seeking their assistance. Volunteers can help by joining Frontier College's playgrounds facilitating literacy and math-based activities as well as providing 1-to-1 tutoring opportunities (online & direct).

Email: balbert@frontiercollege.ca **Website:** www.frontiercollege.ca **Phone:** 807-630-3226

DEW DROP INN



The Dew Drop Inn serves the hungry of Thunder Bay. We see an average of 303 people through our doors on a daily basis. Our volunteer activities include: Making Bagged Lunches, Food Preparation, Serving, Dishwashing, Delivery Driving, Cleaning, and Fundraising. We have a morning shift that begins at 9:30am until noon. Our afternoon shift begins at 12:30pm until 3:30 pm.

Email: ddivolunteers@tbaytel.net Website: www.dewdropinnthunderbay.ca/volunteer/

TWICE AS NICE



Twice as Nice is a retail store store dedicated to providing quality used goods with a new home. They are currently offering curbside pickup and are looking for volunteers to assist.

Email: twiceasnice@tbaytel.net Website: www.twiceasnicetbay.com Phone: 807-622-7575

REMEMBER TO TRACK YOUR HOURS WITH

