

September 2019

Dear Parents/Guardians:

The **Special Education Advisory Committee (SEAC)** has representatives from various local support associations/agencies, parents/guardians and community members who advocate for students with special needs. If you would like assistance or information, please call one of the contact people listed below. We can connect you with people familiar with the processes.

LOCAL ASSOCIATIONS/ORGANIZATIONS	NOMINATIONS - Representative	PHONE
Anishnawbe Mushkiki	Jennifer Bean	623-0383 (w) 475-4549 (h)
Anishnawbe Mushkiki	Ashley Etienne	623-0383 (w) 355-9636 (h)
Autism Ontario – Thunder Bay Chapter	Cory Koski	285-5073 (h)
Autism Ontario – Thunder Bay Chapter	Debby Dick	935-2073 (h)
Children's Centre Thunder Bay	Angela Hill	343-5008 (w) 633-1629 (c)
Community Representative	Danielle Miller	355-3202 (c)
Dilico Anishinabek Family Care	Wilma Kleynendorst	623-8511 (w) 623-8511 (h)
Dilico Anishinabek Family Care	Leslie Harding	939-3161 (w) 251-4024 (h)
Fetal Alcohol Spectrum Information Network	Miranda Myers	473-7523 (h)
Learning Disabilities Association of Ontario	Liz Tod	472-6055 (c)
Learning Disabilities Association of Ontario	Carey Murphy	344-2229 (w) 628-2779 (c)
OPTIONS Northwest	Suzanne Posthumus	708-0999 (c)
VIEWS For the Visually Impaired – Thunder Bay Region	Kelly Matyasovszky	475-3837 (w) 475-6929 (h)
Voice for Hearing Impaired Children	Mike Otway	630-6340 (w) 476-0922 (h)
Lakehead District School Board	Trustee George Saarinen	628-4923 (c)
Lakehead District School Board	Trustee Sue Doughty-Smith	356-4326 (c)

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Lakehead District School Board

ALL ADVOCATES ARE AVAILABLE TO ALL PARENTS

Advocates can help parents/guardians/students to help themselves by

- Supporting parents/guardians/students
- Analyzing and helping to resolve problems
- Informing parents/guardians/students of their rights
- Confidence building
- Following up on concerns
- Referring to appropriate agencies
- Accompanying parents/guardians/students to meetings

YOU ARE WELCOME TO ATTEND!

Lakehead District School Board invites all parents/guardians and interested members of the public to attend Special Education Advisory Committee meetings. The Committee meets in the Board Room, Jim McCuaig Education Centre, 2135 Sills Street, Wednesday evenings at 6:00 p.m. on the following dates:

October 16, 2019 November 20, 2019 December 11, 2019 January 15, 2020 February 19, 2020 March 11, 2020 April 15, 2020 May 20, 2020 June 17, 2020

Please note the SEAC Website: https://www.lakeheadschools.ca/special-education-advisory-committee-seac/

The website provides information on:

The Role of SEAC Committee Members Advocacy Information Meeting Schedule

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Lakehead District School Board

Lakehead District School Board 625-5100

Superintendent of Education Michelle Probizanski

> Executive Secretary Robin Orr 625-5126

Special Education Advocacy - The Role of SEAC

Lakehead Public Schools



Special Education Advisory Committee





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Special Education Advisory Committee (SEAC) advocates are representatives from various local support associations/agencies, parents/guardians, or community members who have voluntarily agreed to support families as they navigate the Special Education system.

Families may choose to use an advocate any time they feel that they need extra support in understanding or contributing to their child's special education program. Use of an advocate early in the process may prevent difficulties later on.

Confidentiality

Families can feel confident that SEAC advocates will treat them with respect and dignity. All personal information will be treated as confidential.

Purpose

- Support families as they navigate the education system
- Share expertise and information
- Guide families in making informed decisions
- Build and maintain relationships between families and schools
- Be a part of the team that supports the child with special needs

Advocates

Learn

- About the child (strengths, needs, likes, dislikes)
- About the child's school experience
- About the family situation and needs

Share

- Information
- Contact numbers of people or agencies who can help
- Tips to navigate the system

Support

- Be a listening ear
- Attend meetings as a support to families
- Help to access services or equipment
- Help parents/guardians to interpret or understand documents (IEP, Assessments, IPRC)
- Support parental input into IEP's
- Help parents/guardians to create a portfolio for the student (see Transitions Handbook)
- Help parents/guardians feel comfortable in the school setting
 Help to resolve issues
- Create a list of questions the parent/guardian wants to ask

Special Education Advocacy

The Role of the SEAC Advocate

Supporting Parents/Guardians

If a member is contacted by a family or the school, advocates should follow the process outlined below.

Listen to the concerns of the family.

Investigate

The advocate will explore the situation and determine the dynamics by answering the following questions:

Who has the family spoken with and what was the outcome?

- ask if the parent/guardian has spoken to the teacher
- ask if the parent/guardian has spoken to the facilitator
- ask if the parent/guardian has spoken to the Vice Principal/Principal

If they respond that they have spoken with the above staff, ask what the outcome(s) of the discussions has been.

What does the family want to accomplish?

- program change, acquire equipment, extra support, etc.

Analyse the situation in relation to the protocol and the comfort level of the parents/guardians. Seek out information or knowledge to educate the parents/guardians.

Respond

Help the parent/guardian to follow the chain of communication. The ideal goal is to resolve concerns at the school level. If this is not possible, advise the parent/guardian to contact the Special Education Officer at (807) 625-5170.

Outcomes

The advocate will strive to help to resolve concerns with the intention of achieving:

- The best possible educational experience for the student;
- Balance and student success;
- A positive, supportive relationship between the family and the school.

More Information <u>www.lakeheadschools.ca</u> (807) 625-5126

Information for Families Revised 2018

Special Education Advocacy - Families

Lakehead Public Schools

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Special Education Advisory Committee





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What is Advocacy?

In essence, advocacy is speaking up for yourself, or acting on behalf of another person. Advocates do not tell people what they should or should not do. Rather, they provide information so that families can make their own choices and decisions and speak up for themselves. Sometimes they may refer clients to other agencies who provide advice.

Advocacy can help families by:

- helping them to clarify their own views and wishes
- helping them to express their views and wishes in a way that ensures they are understood by others
- providing them with all the options so they can make decisions and take their own action
- helping them to get independent advice
- enabling them to negotiate and resolve conflicts

Advocacy Can Be Helpful and Useful

Advocacy is useful in situations in which people feel unable to speak up for themselves because:

- they feel they do not have enough time, energy or information
- they do not know their rights
- they feel no-one will listen to them anyway, or that it will not make any difference
- they do not understand the jargon or language being used
- they feel intimidated by people in authority and do not want to make a fuss

Natural Supports

Natural supports consist of the family and community relationships that families and individuals have in their day to day life. Some examples of natural supports might be grandparents, aunts and uncles, family friends, neighbours or co-workers. Families are encouraged to access their natural support system to act as advocates as they navigate the special education system.

Regulation 181/98

This regulation states that a person who is attending a special education meeting has the right to have a representative present that can speak on behalf of him or her or otherwise support them.

Confidentiality

Families can feel confident that SEAC advocates will treat them with respect and dignity. All personal information will be treated as confidential.



Families

Current SEAC Member Associations/Agencies

Anishnawbe Mushkiki

Autism Ontario

Children's Centre Thunder Bay

Child and Community Resouces

Dilico - Anishinabek Family Care

Fetal Alcohol Support Information Network

OPTIONS Northwest

VIEWS - For The Visually Impaired Thunder Bay Region

VOICE for Hearing Impaired Children

Two Community Representatives

More Information <u>www.lakeheadschools.ca</u> (807) 625-5126

Models of Advocacy

Models of advocacy vary in the way that the advocacy is provided, and whether the advocate is a paid worker or a volunteer.

Collective Advocacy

SEAC is a collective advocacy group that advises the Board of Education on matters relating to Special Education. This is where a group of service users campaign on their own behalf, or on behalf of others, to resolve an issue that affects them collectively. Collective advocacy is a useful way of representing service users' opinions to a statutory body (for example) in order resolve a local issue and bring about change.

Individual SEAC members have volunteered their services to act as Advocates to parents/guardians of students with special needs.

Self-advocacy

Students are encouraged, where possible, to feel comfortable with and understand their individual learning needs in order to communicate those needs to school staff and ensure that their needs are met. Parents can encourage students to learn about their disability, to understand their own personal learning needs, and to practice speaking up for himself or herself at school. Parents can help students to learn to be assertive while maintaining a respectful attitude.

Parent Advocacy

When students are not ready or are unable to communicate their own needs, for a variety of reasons, parents act on behalf of their children to ensure that their learning needs are being addressed by the school. Parents are encouraged to be active in their child's education, communicating with the school about the day to day challenges and successes that their child encounters. When all parties involved in a student's education have knowledge and understanding of a child's strengths and needs, the best possible educational experience can be achieved. Parents are a valuable source of education for teachers as parents have "expert information" about their child.

Professional Advocacy

Involves a paid worker with specific knowledge of systems and services who supports a number of clients. SEAC does not provide professional advocacy services.