

STUDENT SERVICES	6000
FOOD AND BEVERAGE POLICY	6050

1. Rationale

This policy will guide Board personnel and school communities in the development of healthy school environments that support student learning and success by encouraging students, staff and parents/guardians to make nutritious and healthy food and beverage choices.

2. Policy

It is the policy of Lakehead District School Board that schools and worksites foster healthy nutrition environments and implement food practices to support the wellness of students and staff in line with the current edition of *Canada's Food Guide*.

3. Guidelines

- 3.1 All schools and worksites will comply with provincial legislation relating to nutrition, such as Policy/Program Memorandum (PPM) 150 (School Food and Beverage Policy), Education Act Ontario and any other pertinent legislation.
- 3.2 Schools with nutrition programs follow the Student Nutrition Program Nutrition Guidelines developed by the Ministry of Children, Community and Social Services.
- 3.3 Food is not used as an individual reward or an incentive for good behaviour, achievement, or participation in classrooms. This does not preclude school staff members from providing students with food or beverages that comply with the nutrition standards in PPM 150 and the 6050 Food and Beverage Policy and Procedures for nutrition snacks or observances.
- 3.4 Non-food items, food items that fit within the 6050 Food and Beverage Policy and Procedures, or events, are selected for fundraising purposes within schools. In addition to the required nutrition education as outlined in the Ontario Curriculum, opportunities to promote healthy eating and safe food practices are considered for planned events and classroom activities.
- 3.5 Healthy eating and safe food handling should be practiced whenever food is served or sold at schools.
- 3.6 When possible, choosing local seasonal foods produced in a sustainable manner is encouraged.

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4. Review

This policy shall be reviewed in accordance with 2010 Policy Development and Review Policy.

<u>Cross Reference</u>	<u>Date Approved</u>	<u>Legal Reference</u>
Call to Action: Creating a Healthy School Nutrition Environment – Ontario Society of Nutrition Professionals in Public Health, 2004	April 26, 2011	Policy/Program Memorandum No. 150; School Food and Beverage Policy – Ontario Ministry of Education, 2010
Canada’s Food Guide, 2019	<u>Date Revised</u> February 25, 2020	Education Act R.S.O. 1990, CHAPTER E.2 Section 8(1) 29.3 & 29.4 Sections 317 – 320
Ontario Curriculum (Health and Physical Education 1-8 and 9-12, Kindergarten Program)		Ontario Regulation 200/08 Trans Fat Standards
Thunder Bay District Health Unit’s Food Safety Guidelines & Healthy Eating Guidelines		