

HEALTH & WELLNESS

Superior CVI taking the pulse of Canadians



Welcome to the Health & Wellness Specialist High Skills Major where students customize their secondary education to suit their interests and talents while meeting graduation requirements.

Careers in Health Care

SHSM study prepares students to enter into careers in all pathways (work, apprenticeship, college, and university). The health care sector includes a wide range of high demand and flexible career options.

FNMI Early Childhood Educator

Firefigher Paramedic

Health Promotion Coordinator

Physician Nurse

Physical or Occupational Therapist

Child & Youth Worker

Policer Officer Massage Therapist

Ultrasound Technician

Dentist Nutritionist Dietian

Ask your Guidance Counsellor about more.

Achieve

9 of your 30 OSSD credits 7 sector-recognized certifications and training



SHSM Requirements

SHSM study provides senior (Grade 11 and 12) students with the opportunity to focus their high school education based on individual interests and aptitude. Major sector-specific credits, cooperative education in the sector, English, Mathematics, and, in most cases, additional credits in specified subjects complete the graduation requirement of 30 credits. See the SHSM Tracker for more detailed information.

Certifications and Training are an important part of the SHSM. Sector-specific certifications and training are provided free of charge to ensure students are prepared.

Hands-on (experiental) learning activities, reach-ahead opportunities (post secondary goals) and the completion of one of ICE (Innovation, Creativity, and Entrepreneurship), Mathematical Literacy or Coding complete the SHSM requirements. Students who complete the program will have an SHSM seal of distinction on their graduation diploma.



